



	Weight (g)	Total Calories (cal)	Calories from fat (fat cal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Sides												
8oz (10oz wt) Guac	283	390	300	34	5	0	0	720	24	16	3	5
8oz (10oz wt) Queso	283	580	420	46	29	1.5	145	4330	16	2	12	31
8oz (10oz wt) Baja Salsa	283	60	5	0.5	0	0	0	1750	12	3	7	3
8oz (10oz wt) Six Chiles Salsa	283	80	10	1	0	0	0	1950	18	4	11	3
8oz (10oz wt) Salsa Verde	283	90	15	2	0	0	0	2130	19	4	14	2
8oz (10oz wt) Pico de Gallo Salsa	283	60	5	0.5	0	0	0	1210	13	4	8	3
8oz (10oz wt) Molcajete Salsa	283	60	0	0	0	0	0	1100	12	6	6	0
8oz (10oz wt) Mango Salsa	283	170	0	0	0	0	0	1150	31	3	34	0
Shareable Trio - Baja Salsa	1247	3010	1440	160	47	1.5	145	7540	330	74	22	65
Shareable Trio - Six Chiles Salsa	1247	3040	1450	161	47	1.5	145	7730	336	75	27	66
Shareable Trio - Salsa Verde	1247	3040	1450	161	47	1.5	145	7910	337	75	29	65
Shareable Trio - Pico de Gallo Salsa	1247	3010	1440	160	47	1.5	145	7000	331	74	23	65
Shareable Trio - Molcajete Salsa	1247	3020	1440	160	47	1.5	145	6890	330	77	22	63
Shareable Trio - Mango Salsa	1247	3120	1440	160	47	1.5	145	6940	349	74	49	63
14oz Chips	397	1980	710	79	13	0	0	730	278	53	0	26
24oz Guacamole	680	930	730	81	12	0	0	1740	58	39	8	13
40oz (25.6oz wt) Rice	726	1020	340	39	6	0	0	2540	151	3	3	15
40oz (42.4oz wt) Black Beans	1202	1160	50	6	1.5	0	0	4410	209	77	9	77
40oz (42.4oz wt) Pinto Beans	1202	1250	60	7	1.5	0	0	3950	229	79	4	78
5 Churros	230	1030	720	80	25	0	100	800	75	0	19	10
Party Packs - Individuals												
1 Quesadilla - Cheese & Tortilla Only	241	840	490	54	28	0	150	1600	45	2	2	42
Chips - Under quesadilla (2oz)	57	280	100	11	2	0	0	105	40	8	0	4
Add Protein:												
Camitas	113	180	45	5	2	0	70	640	11	0	0	22
Chicken	99	150	60	7	1	0	65	170	1	0	0	21
Shrimp	103	170	70	8	1.5	0	190	1190	2	0	0	21
Steak	99	190	80	9	3	0	45	500	1	0	2	15
Veggie	113	50	10	1.5	0	0	0	135	9	2	4	1
1 Taquito	57	130	70	8	2	0	15	85	8	1	0	6
Anejo Cheese 2oz	57	180	130	14	8	0	50	780	2	0	0	16
Tacos - Individual												
Americano Taco	105	200	90	10	5	0	15	400	21	2	1	7
Baja Taco	67	100	25	3	0.0	0	0	0	16	2	1	2
Taco Protein:												
Camitas	43	70	15	2	0.5	0	25	240	4	0	0	8

Chicken	34	50	20	2.5	0.0	0	25	55	0	0	0	7
Steak	34	60	30	3	1	0	15	170	0	0	1	5
Roasted Veggies	38	15	5	0	0	0	0	45	3	1	1	0
Shrimp	34	60	25	3	0	0	65	400	1	0	0	7
Grilled Shrimp Taco (Corn Tortilla)	182	180	60	7	1	0	65	690	21	4	3	10
Individual Taco Tortillas:												
Flour Tortilla 6"	34	110	35	4.0	1.5	0	0	280	16	0	0	2
Corn Tortillas 5" (2 each)	40	70	10	1.0	0.0	0	0	0	14	1	0	2
Taco Inclusions:												
Onion Cilantro Mix (0.5oz wt)	14	5	0	0.0	0.0	0	0	0	0	0	1	0
Lettuce (0.5 oz wt)	14	0	0	0.0	0.0	0	0	0	0	0	0	0
Shredded Cheese Blend (0.5oz wt)	14	50	40	4.5	3.0	0	15	90	0	0	0	3
Diced Tomatoes (1oz wt)	28	5	0	0.0	0.0	0	0	0	1	0	1	0
Pico de Gallo (1.5oz wt)	43	10	0	0.0	0.0	0	0	180	2	1	1	0
Fresh Avocado Slices(0.66oz wt)	19	30	25	2.5	0.0	0	0	0	2	1	0	0
Lime Wedge (1 wedge)	14	5	0	0.0	0.0	0	0	0	1	0	0	0
Cotija Cheese (0.5oz wt)	14	45	30	3.5	2.0	0	10	200	1	0	0	4
Pinto Beans (1oz wt)	28	30	0	0.0	0.0	0	0	95	5	2	0	2
Black Beans (1oz wt)	28	25	0	0.0	0.0	0	0	105	5	2	0	2
Burrito - Individual: (Please see Traditional page for other burritos & builds)												
Mini Ultimo - Carnitas	240	370	170	19	9	0	65	1000	31	2	3	19
Mini Ultimo - Chicken	240	370	180	20	9	0	65	820	27	2	3	20
Mini Ultimo - Steak	240	380	190	21	10	0	55	970	27	2	4	17
Baja Burrito	326	600	300	34	14	0	60	1680	55	7	6	23
Add Protein:												
Carnitas	113	180	45	5	2	0	70	640	11	0	0	22
Chicken	99	150	60	7	1	0	65	170	1	0	0	21
Shrimp	103	170	70	8	1.5	0	190	1190	2	0	0	21
Steak	99	190	80	9	3	0	45	500	1	0	2	15
Veggie	113	50	10	1.5	0	0	0	135	9	2	4	1
Add Beans:												
Black Beans	150	150	5	0.5	0	0	0	550	26	10	1	10
Pinto Beans	150	160	5	1	0	0	0	490	29	10	1	10
Add Enchilado Style to Burrito	298	490	250	29	13	0.5	60	1170	42	9	4	16
Salad												
Baja Ensalada - Full Catering Size	1128	380	90	10	3.5	0	20	2270	64	19	22	19
Add protein:												
Carnitas	454	740	170	19	7.0	0	280	2560	44	1	2	88
Chicken	454	690	270	30	5.0	0	305	760	4	1	0	94
Steak	454	850	370	42	13.0	0	200	2310	7	0	11	69
Shrimp (10 skewers of 4)	344	550	230	25	5.0	0	635	3960	8	0	1	69
Baja Ensalada - Party Pack	724	280	70	8	2.5	0	10	1550	48	13	13	13
Add protein:												
Carnitas	227	370	90	10	3.5	0	140	1280	22	1	1	44
Chicken	227	340	130	15	2.5	0	150	380	2	0	0	47
Steak	227	420	190	21	6.0	0	100	1150	3	0	5	35

Shrimp (5 skewers of 4)	172	280	110	13	2.5	0	320	1980	4	0	0	35
Grilled Chili Lime	460	240	100	11	2.5	0	5	340	32	14	8	8
Chili Lime Dressing	28	120	100	11	2	0	0	170	4	0	4	0
Fajitas (does not include tortillas)												
Fajitas (add base + protein + beans)	378	370	190	22	7	0	30	870	39	7	8	7
Add Protein:												
Carnitas	156	250	60	7	2.5	0	95	880	15	0	1	30
Chicken	142	210	80	9	1.5	0	95	240	1	0	0	29
Shrimp	137	220	90	10	2	0	255	1580	3	0	0	28
Steak	142	270	120	13	4	0	60	720	2	0	3	22
Add Beans:												
Black Beans	150	150	5	0.5	0	0	0	550	26	10	1	10
Pinto Beans	150	160	5	1	0	0	0	490	29	10	1	10
Fajita Inclusions:												
Flour Tortilla 6"	34	110	35	4.0	1.5	0	0	280	16	0	0	2
Corn Tortillas 5" (2 each)	40	70	10	1.0	0.0	0	0	0	14	1	0	2
Cotija Cheese (0.125oz wt)	3.5	10	10	1	0	0	5	50	0	0	0	1
Veg Mix (4oz wt)	113	50	10	2	0	0	0	135	9	2	4	1
Guacamole (2oz wt)	57	80	60	7	1	0	0	140	5	3	1	1
Sour Cream (1.5oz wt)	43	90	70	8	5	0	30	20	1	0	1	1
Baja Rice (3.5oz wt)	99	140	45	5	1	0	0	350	21	0	0	2
Sauces/Dressings: 1 fl oz												
Avocado Salsa	28	10	5	0.5	0	0	0	140	1	1	1	0
BBQ Lime Dressing	28	110	90	10	1.5	0	0	190	6	0	5	0
Chili Lime Dressing	28	120	100	11	2	0	0	170	4	0	4	0
Cilantro Ranch	28	90	80	9	2.5	0	15	210	1	0	1	1
Corn Avocado Salsa	28	35	20	2	0	0	0	90	4	1	1	1
Diablo Sauce	28	70	60	7	1	0	5	210	2	1	1	0
Mango Salsa	28	15	0	0	0	0	0	115	3	0	3	0
Molcajete Salsa	28	5	0	0	0	0	0	110	1	1	1	0
Pico de Gallo	28	5	0	0	0	0	0	120	1	0	1	0
Ranch	28	100	90	10	2.5	0	15	210	1	0	1	1
Salsa Baja	28	5	0	0	0	0	0	180	1	0	1	0
Salsa Roja	28	10	5	0	0	0	0	130	2	0	1	0
Salsa Verde	28	10	0	0	0	0	0	210	2	0	1	0
Six Chiles Salsa	28	10	0	0	0	0	0	190	2	0	1	0
Sour Cream	28	60	45	5	3.5	0	20	15	1	0	1	1
Vinaigrette	28	140	140	16	2.5	0	0	400	1	0	0	0